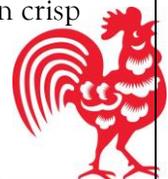


Monday	Tuesday	Wednesday	Thursday	Friday
1/2 	1/3 Tossed green salad Smothered turkey with mushroom gravy over rice Mixed vegetables Bar cookie	1/4 Tossed green salad Vegetable lasagna Garlic bread stick Pears	1/5 Tossed green salad Chili topped baked potato with cheese and sour cream Spinach Applesauce	1/6 Tossed green salad Stuffed green peppers Rice with peas Seasonal fresh fruit
1/9 Fiesta salad Garden burger on WW bun / lettuce and tomato Chips Seasonal fresh fruit	1/10 Cucumber salad Lentil soup with rustic bread Mandarin oranges Cookie	1/11 Tossed green salad Baked chicken breast Mashed potatoes w/gravy Vegetables Fruit	1/12 Tossed green salad French dip on hoagie roll with au jus Sweet potato fries Seasonal fresh fruit	1/13 Broccoli salad Lemon pepper pollock Baked potato / sour cream Spinach Pineapple
1/16 	1/17 Tossed green salad Meatloaf with gravy Baked potato Green peas Fruit crisp	1/18 Tossed green salad Chicken corn chowder Egg salad sandwich on WW bread Apricots	1/19 Coleslaw Salmon burger on WW bun with lettuce Baked beans Seasonal fresh fruit	1/20 Spinach salad Hearty beef stew Cornbread Seasonal fresh fruit
1/23 Tossed green salad Cheese pizza with vegetables Fruit cocktail Tapioca pudding	1/24 Marinated vegetable salad Baked fish almondine Rice pilaf Broccoli Applesauce	1/25 Turkey pot roast Mashed potatoes with gravy Peas and carrots Apricots	1/26 Taco salad with beef, cheese, and rancho beans on chips with salsa and sour cream Tropical mixed fruit Fruit bar cookie	1/27 <i>Chinese New Year</i> Eggroll Sub gum chicken with stir fry vegetables on crisp noodles Fried rice Fresh orange Fortune cookie 
1/30 Cucumber salad Split pea soup Grilled cheese sandwich Peaches	1/31 Pea and cheese salad Sloppy Joes on a ww bun Roasted cauliflower Seasonal fresh fruit			

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice. Suggested meal donation for eligible persons is \$2.50. For non-eligible persons, cost is \$6.00 per meal