

December



THE CARL GIPSON SENIOR CENTER OF EVERETT
3025 LOMBARD AVENUE 98201
(425) 257-8780 www.everettwa.gov/seniors



MONDAY	TUESDAY	WEDNESDAY
<p>8:30-4:15 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-11:00 TOPS – CR 1 9:00-1:00 Nurse Wellness Services 9:00-4:00 Table Tennis – CR 3&4 10:00-11:15 VIP's: Visually Impaired Persons (3rd) – CR 2 12:30 Bingo – MPR 1:00-3:00 Hula Dancers – CR 1 1:00-2:30 Art – CR 2 Notary Public: Call for availability</p> 	<p>8:00-9:00 Advisory Board (3rd) – Boardroom 8:30-4:15 Billiards – Pool Room 8:45-9:45 Enhance Fitness Class – MPR 8:45-11:00 Bridge Practice – CR 3 9:00 String Players – CR 2 – NEW! 9:00-11:30 Hand and Foot Canasta – CR 2 9:00-1:00 Nurse Wellness Services 9:15-4:00 Dental Hygienist (2nd) – Foot Care Office (by apt.) 9:30-1:30 Hispanic Community (1st & 3rd) – SR 10:00-12:00 Reflexology (2nd & 4th) – Sunroom (by appt.) 12:00 (FIRM) Duplicate Bridge – CR 4 12:30-2:30 Project Linus (2nd) – CR1 12:15-3:15 Pinochle – CR 3 12:30-1:30 AA Seniors for Life – Boardroom 1:30-3:00 Retired Public Employees (1st) – CR 1 1:30-3:30 Tai Chi – MPR East</p> 	<p>8:30-7:45 Billiards – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-1:00 Nurse Wellness Services 11:45 December Birthdays (1st) – cake in MPR 1:00-7:30 Table Tennis – CR 3&4 12:30-1:30 Circle of Friends (1st & 3rd) – CR 2 12:30 Bingo – MPR 1:00-2:30 War Veterans (2nd) – CR 1 Notary Public: Call for availability</p> 
THURSDAY	FRIDAY – ALL ACTIVITIES CANCELED ON DECEMBER 2ND!!!	SATURDAY
<p>8:30-4:15 Billiards – Pool Room a.m. only on 12/01 8:30-10:30 Calming Coloring – Coffee Lounge 8:45-9:45 Enhance Fitness Class – MPR 9:00-1:00 Nurse Wellness Services 9:00-1:00 Social Worker – Foot Care Office 9:00-11:00 Ceramics – CR2 10:00-11:00 Peer Support (1st & 3rd) – Boardroom 10:00-12:00 SHIBA (2nd & 4th) – returns in January 10:00-12:00 Tole Painting – CR 1 12:15-3:15 Cribbage – Sunroom – No mtg on 12/01 12:00 (FIRM) Duplicate Bridge – CR 4 Sunroom on 12/01 12:30-2:30 Bunco – CR 2 (3rd) 12:00-2:00 Knitting/Crochet– CL Mtg in a.m. on 12/01 1:00-3:00 Woodcarving – CR 1 No mtg on 12/01 12:30-1:30 Foundation (4th) – Boardroom 1:30-4:00 Tai Chi – MPR East – No mtg on 12/01</p>	<p>8:30-4:15 Billiards (Ladies' Day) – Pool Room 8:30-10:30 Wii volunteer – TV Room 8:45-9:45 Enhance Fitness Class – MPR 9:00-1:00 Nurse Wellness Services 10:00 Arthritis Support Group (3rd) – Sunroom 10:00 Health News Round-up (4th) – Sunroom 10:00-12:00 Clogging – CR 3 10:00-12:00 Creative Writing Forum – CR 1 11:00-12:30 Lewy Body Dementia Support Group (2nd) – Boardroom 10:00 Project Committee (4th) Boardroom meeting 12/09 in SR 12:00-2:00 Knitting & Crochet – Coffee Lounge 12:30-4:00 Party Bridge – CR 2 12:30 Bingo – MPR 1:00-3:00 Hula Dancers – CR 1 1:00-3:00 Square Dance – CR 3&4</p>  <p>ALL ACTIVITIES CANCELED ON DEC. 2ND!!</p>	<p>8:30-3:45 Billiards – Pool Room 8:30-3:30 Table Tennis – CR 3&4 9:00-12:00 Toastmasters Prime (2nd) – CR 1 10:00-11:30 Recorder Players (1st & 3rd) – CR 2 12:00 (FIRM) Duplicate Bridge – CR 2 1:00-3:00 Saturday Dance (2nd & 4th) – One December dance on New Year's Eve (Dec. 31)</p> <p>CL = Coffee Lounge CR = Craft Room LL = Lower Level MPR = Multi-Purpose Room (lunch room) MPR W = Multi-Purpose Room West SR = Sunroom (room assignments are subject to change)</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Computer Classes 11:00 am – 2:00 pm  12/06 Intro to eBay 12/08 Getting Started 12/14 Tablets for Beginners			10:00-11:00 Peer Support Sack Lunch in CR2 <i>All afternoon activities canceled</i>	 Holiday Bazaar 9:00 AM - 3:00 PM <i>All Regular Events Canceled</i>	10:00-11:30 Recorder Players
Foot clinic by appointment 9:30-11:00 Celebration of Life for Phil Thompson – CR 2	9:30-1:30 Hispanic Community 12:00-3:00 Retired Public Employees-CR 1	Foot clinic by appointment 11:45 December birthday cake  12:30-1:30 Circle of Friends		10:00 Project Committee-Sunroom 11:00 Lewy Body Dementia Support Group – Boardroom	9:00-12:00 Toastmasters Prime – CR 1 Reminder: Police Officers Holiday Dinner on Sunday Dec. 11 - Sign up at staff counter
	Dental Hygienist by appointment 8:30 Ride Around the Sound 10:00-12:00 Reflexology 12:30 Project Linus-CR 1	1:00-2:30 War Veterans	10:00-11:00 Peer Support 11:00 Knit Wits Potluck- SR 12:30 – 2:30 Bunco	10:00-11:00 Arthritis Support Group – Sunroom 9:45 – “Nutrition & Inflammation” - MPR 11:00 Entertainment on Stage: Gary Lee Hood	10:00-11:30 Recorder Players
Foot clinic by appointment 10:00-11:15 VIP’s: Visually Impaired Persons – CR2	8:00-9:00 Advisory Board 9:30-1:30 Hispanic Community	Foot clinic by appointment 10:00 Mayor’s Coffee Hour 12:30 Circle of Friends	12:30-1:30 Foundation	10:00 - Health News Round-up 	
Closed for Christmas Holiday (observed) 	10:00-12:00 Reflexology				New Year’s Eve Dance 1:00 pm – 3:00 pm \$5.00 at the door 