

72-HOUR KIT

PREPARING A HOME EMERGENCY SUPPLIES KIT

Emergency supply kits are designed to be the basis for some of the supplies that may be needed to have available when an emergency or disaster strikes. Your kit should be customized based on your own and family needs. Items you would need in case of an evacuation should be kept in an easy-to-carry container. Suggested contents could include:

Clothing and Bedding

- At least one complete change of clothing and footwear per person
- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Thermal underwear

Tools and Supplies

- Flashlight and extra batteries
- Mess kit or paper cups, plates and plastic utensils
- Cash, traveler's checks, change
- Non-electric can opener, utility knife
- Tent
- Pliers
- Duct Tape
- Matches in waterproof container
- Aluminum foil
- Paper, pencil
- Needles, thread
- Medicine dropper
- Shut-off-wrench (to turn off household gas and water)
- Plastic sheeting
- Map of area
- Battery operated radio and extra batteries
- Whistle
- Plastic storage containers

Sanitation

- Toilet paper, moist towelettes
- Soap, liquid detergent
- Feminine supplies
- Plastic garbage bags, ties
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach
- Hand sanitizer

Water

- Store one gallon of water per person per day (two quarts for drinking, two quarts for food preparation/sanitation).
Note: Hot environments and intense physical activity can dramatically increase the amount of water that a person needs to drink.

Food

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk, soup (if powdered, store extra water)
- High energy foods – peanut butter, jelly, crackers, granola bars, trail mix
- Vitamins
- Comfort/stress foods – cookies, hard candy, cereals, instant coffee, tea

Special Items

- Medications (both prescription and non-prescription) that you take, including pain relievers, stomach remedies, etc. (Ask your physician or pharmacist about storing prescription medications)
- Extra eyeglasses
- Important family documents (in a waterproof, portable container) (NOTE: Make two photocopies of important documents, one copy for your emergency supply kit, keep originals in a safe deposit box and the second copy with an out of town relative or friend for safe keeping)
 - Will, insurance policies, contracts, deeds, stocks and bonds
 - Passports, social security cards, immunization records
 - Bank account numbers
 - Credit card account numbers and companies
 - Inventory of valuable household goods, important telephone numbers
 - Family records (birth, marriage, death certificates)
 - Recent photographs of each family member
- Entertainment – games, books
- Supplies for persons with special needs, such as infant, elderly or disabled persons

Car Emergency Kit

A number of car disaster/emergency kits are available at both retail and auto parts stores. The car disaster kit should include these items:

- Work gloves
- Road flares
- Bright colored cloth to tie to car's antenna
- Jumper cables
- Blankets or sleeping bags
- Rain gear and dry clothing
- Bottles of water
- Food (like granola bars)
- Battery-powered radio
- Batteries
- Flashlight
- Mobile phone
- Maps showing roads on local, state and regional scales
- Necessary medication
- Basic first aid supplies

Note: you can purchase kits from:

The Red Cross (<https://www.redcrossstore.org>) or Google "emergency kits" for many on-line vendors.

Rethink your kit and individual needs at least once a year. Replace batteries, update clothes, water, etc.

PREPARING A PET EMERGENCY SUPPLIES KIT

Emergency supply kits are designed to be the basis for some of the supplies that may be needed to have available when an emergency or disaster strikes. Your kit should be customized based on your own pet's needs. Items you would need in case of an evacuation should be kept in an easy-to-carry container. Suggested contents could include:

| <input checked="" type="checkbox"/> | KIT ITEM | LOCATION/NOTES |
|-------------------------------------|--|----------------|
| <input type="checkbox"/> | Portable kennel carrier or crate for each pet that allows the animal to stand up and turn around | |
| <input type="checkbox"/> | Food and water bowls | |
| <input type="checkbox"/> | Litter and litter box | |
| <input type="checkbox"/> | First aid kit | |
| <input type="checkbox"/> | Sturdy leashes and/or harnesses (remember your pet may be scared and act differently than usual) | |
| <input type="checkbox"/> | Cloth towels and/or paper towels | |
| <input type="checkbox"/> | Pet food, treats and water (at least 3-day supply) | |
| <input type="checkbox"/> | Can opener for canned food | |
| <input type="checkbox"/> | Pet's medications and medical records in a waterproof container or zip lock bag | |
| <input type="checkbox"/> | Plastic bags for waste | |
| <input type="checkbox"/> | Information on feeding schedules, medical conditions, or behavior problems | |
| <input type="checkbox"/> | The name and number of your veterinarian in your waterproof zip lock bag | |
| <input type="checkbox"/> | Pet beds and toys, if easily transportable | |
| <input type="checkbox"/> | A current photo of your pet in your waterproof zip lock bag | |
| <input type="checkbox"/> | Pet's should always wear identification tags and collars | |